

Risk & Resilience

Profile 2

	Student:	Date of Birth:	Date:			-	
	Your Name:	Relationship: Parent/Carer ☐ Te	eacher 🗆	TA/St	upport		
	Directions : The following helps us to build young person. Please circle the response (N e the extent that you think these have an impact						
			Never	Rarely	Sometimes	e child / escribes Sometimes So	Always
1.	Feels that their parents / carers understand w	hat they're going through	N	R	S	0	Α
2.	Feels that their teachers / school staff unders	tand what they're going through	N	R	S	0	Α
3.	Is motivated to attend school when feeling at	ole to	N	R	S	0	Α
4.	Would like to be in school full-time in the futu	ıre	N	R	S	0	Α
5.	Wants to make progress with their learning		N	R	S	0	Α
6.	Know what they want to achieve in the future		N	R	S	0	Α
7.	There is something that they feel good at		N	R	S	0	Α
8.	There are things they can do which they are p	roud of	N	R	S	0	Α
9.	Feels that everything will be alright in the future	ıre	N	R	S	0	Α
10	. Can recognise and talk about good things tha	t happen in the day	N	R	S	0	Α
11	. Has a close friendship in school		N	R	S	0	Α
12	. Feels liked by their peers in school		N	R	S	0	Α
13	. Feel confident in themselves		N	R	S	0	Α
14	. Feels that they are well liked by others		N	R	S	0	Α
15	. Are able to talk with others about how they fo	eel	N	R	S	0	Α
16	. Are able to successfully calm themselves whe	n feeling anxious	N	R	S	0	Α
17	. Has a close relationship with family at home		N	R	S	0	Α
18	. Feels able to open up and talk with family at I	nome	N	R	S	0	Α
19	. Feels safe and secure when at home		N	R	S	0	Α
20	. Has a stable and predictable home routine		N	R	S	0	Α
21	. Is able to separate from parents / carers		N	R	S	0	Α
22	. Feels comfortable being away from parents /	carers	N	R	S	0	Α
23	. Family are motivated to support them to atte	nd school	N	R	S	0	Α
24	Family value education and want them to do	well with learning	N	R	S	0	Α
25	. Family talk positively about school		N	R	S	0	Α
26	. There is good communication between home	and school	N	R	S	0	Α
27	. Siblings consistently attend school		N	R	S	0	Α
28	. Siblings have not experienced Emotionally Ba	sed School Avoidance in the past	N	R	S	0	Α
29	. Does things outside of school which they enjo	У	N	R	S	0	Α
30	. Belongs to clubs / attends activities outside o	fschool	N	R	S	0	Α
31	. When not at school, there is a clear routine to	the day e.g. sleep, activities, meal	s N	R	S	0	Α
32	. When not at school, they are supported to er	gage in learning (formal or informa	al) N	R	S	0	Α

	Never	Rarely	Sometimes	O ften	Always
33. Has a 'safe space' in school they can go to if feeling anxious	N	R	S	0	Α
34. Feels that school is a safe and predictable place to be	Ν	R	S	0	Α
35. Gets on well with most teachers	Ν	R	S	0	Α
36. Feels supported by teachers / staff in school	N	R	S	0	Α
37. Feels that teachers / staff care about them	Ν	R	S	0	Α
38. Has a close relationship with at least one member of staff	Ν	R	S	0	Α
39. Feels a sense of belonging / identity within their class or a club in school	Ν	R	S	0	Α
40. Feels a sense of belonging / identity within their friendship group in school	Ν	R	S	0	Α
41. Has a particular strength in something they feel good at in school	Ν	R	S	0	Α
42. Is able to do something they are confident to show to their class	Ν	R	S	0	Α
43. Feel able and confident to ask for help in school	Ν	R	S	0	Α
44. Enjoys receiving additional support (e.g. 1:1 or small group) in school	Ν	R	S	0	Α
45. There are parts of school which they really enjoy / have an interest in	Ν	R	S	0	Α
46. There are things in school which they look forward to	Ν	R	S	0	Α
47. Feels that teachers / school staff take time to try and understand them	Ν	R	S	0	Α
48. Views have been integrated into any plans or support	Ν	R	S	0	Α

Top 3 Best / Easiest Parts Of The Day (e.g. Times When They Seem Calmer / More Confident, Activities They Really Enjoy)

1.

2.

3.

What Has Made The Difference When They Feel More Comfortable / Able To Attend School?

Any Patterns To Increased Attendance Over Time? (e.g. Days Of The Week, Times Of The Year, Before Or After Certain Events / Holidays)

What Strategies Or Approaches Have Been Most Helpful So Far?



