

Educational Psychology Service Shirehall Abbey Foregate Shrewsbury Shropshire SY2 6ND Tel: 01743 258414 eps@shropshire.gov.uk

## **Therapeutic Working for Key Adults Training**

This training is based on Dyadic Developmental Practice (DDP) Dan Hughes 2011, and is focused on facilitating the child's ability to establish a secure attachment with key adults. The programme actively communicates playfulness, acceptance, curiosity and empathy (PACE). This approach is particularly beneficial for Teaching Assistants working as the Key Adult attachment figure with traumatised children. The EP delivers a bespoke 3 session training programme over 6 weeks looking in depth at strategies to forge a relationship by co-regulating emotions and co-constructing new meanings of past experiences.

The training is very interactive within a group of 6. There is a requirement to have completed the attachment training delivered by the EPS through the Virtual school, prior to undertaking this training. The first week of the TWKA course revisits the attachment themes and looks at the issues in greater detail from the perspective of each of the Key Adults. There are between session tasks to complete with their pupil before session 2. The second session concentrates on Inter-subjectivity.

The session contains role play and practical demonstrations using DVD. Again there are between session tasks before the final session which looks in more detail at PACE. The session gives advice on how to be PACEful and react to our young people in an attuned way.

Contact the Shropshire Educational Psychology Service for further details.

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