

# Understanding and supporting children and young people who may have experienced early developmental trauma or attachment difficulties

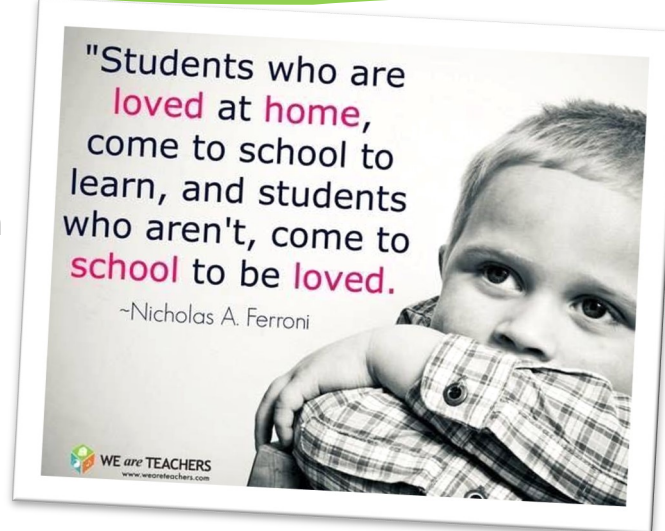
## Level 1 Training



**hcpc** health & care  
professions  
council

### Training delivered by experienced Educational Psychologists

This training will provide delegates with an understanding of the theory and neuroscience behind early child development and the importance of nurture on the developing brain. It focuses on how to support teachers and key adults to interpret and understand the children and young people's behaviours through an early developmental lens and explore strategies to support the pupils they work with. The aim of the session will be to empower school staff to feel able to support these pupils through the power of relationships and providing a safe and secure place for these children and young people to be educated.



- **Whole School/ Staff Training** ½ day (2.5 hours) £600  
This will include the general training described above and will be made bespoke to the school's cohort of pupils or can be personalised to particular pupils in school.
- **Emotional Co-Regulation - Level 2 Training** 1 day (6 hours) £1200  
Following on from the attachment training, this course provides staff with strategies to support children to regulate and manage their emotions more effectively, using the principles of Emotion Coaching and attachment theory.

- Bespoke training that advances on from the Level 1 and 2 training programmes can be provided for a setting that can focus on individual pupils in school and how to implement personalised strategies to support them or how to develop the setting at an organisational level into an attachment aware school.

Contact us to discuss your requirements [eps@shropshire.gov.uk](mailto:eps@shropshire.gov.uk)



## APPLYING PSYCHOLOGY TO MAKE THE DIFFERENCE

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